

How To Make Topical Finasteride

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Finasteride is a type II 5-alpha reductase inhibitor. It lowers the hormone DHT, which is causally associated with androgenic alopecia.

Clinical studies suggest that topical finasteride, when prepared at ultra-low dilutions of **0.01% x 1mL or 0.005% x 2mL daily**, supports hair regrowth in the scalp without affecting serum hormone levels

In this guide, we'll explain how to make these ultra-low dilutions from either oral finasteride pills or premade topicals.

What You Need

If making topical finasteride from pills:



[Pill Grinder](#)



[PG-Free Solvent](#)
or [PG Solvent](#)

If making topical finasteride from premade topical finasteride:



[1 mL Syringe](#)



[PG-Free Solvent](#)
or [PG Solvent](#)

How To Make 0.01% Topical Finasteride

From Pills

1 mg Pills

(Makes 60 mL of ~0.01% finasteride.
Use 1 mL per day)

- **Crush Six 1 mg Finasteride Pills** using a Pill Grinder
- **Add to 60 mL** of PG-Free Solvent or PG Solvent
- **Shake Bottle Until Dissolved** and before each usage

5 mg Pills

(Makes 60 mL of ~0.01% finasteride.
Use 1 mL per day)

- **Crush One 5 mg Finasteride Pill + 1/5th of one 5mg Finasteride Pill** using a Pill Grinder
- **Add to 60 mL** of PG-Free Solvent or PG Solvent
- **Shake Bottle Until Dissolved** and before each usage

From Premade Topical Finasteride

Using 0.2% MinoxidilMax

(Makes 63 mL of ~0.01% finasteride.
Use 1 mL per day)

- **Extract 3 mL of [Essengen-F \(0.2% Finasteride\)](#)** which is 6 mg of finasteride
- **Add to 60 mL** of PG-Free Solvent or PG Solvent
- **Shake Bottle** before each usage

Using 0.3% Hims

(Makes 62 mL of ~0.01% finasteride.
Use 1 mL per day)

- **Extract 2 mL of [Hims Topical Finasteride \(0.3% Finasteride\)](#)** which is 6 mg of finasteride
- **Add to 60 mL** of PG-Free Solvent or PG Solvent
- **Shake Bottle** and before each usage